



Sport & Social Club General Rules

SCORE & SPIRIT POINT REPORTING

- Game Scores (account for 75% of total points): Team captains are responsible for reporting the scores after your game by logging into your player profile and clicking on 'My Team' tab and selecting 'Report Score/Spirit Points'. Teams have a 48 hour window to report scores after the completion of the game. Please be timely with your score reporting so league standings can remain updated for playoff positioning.
- Spirit Points (account for 25% of total points): Spirit points are awarded to a team from their opponent after each game to encourage sportsmanship, honesty, integrity and fair play. For more information and how to properly award spirit points, please see our section ['All About Spirit Points'](#).

STANDINGS/SCHEDULES

- Players can view league standings & schedules by logging into your player profile and clicking on 'Standings/Schedule'.

PLAYER ELIGIBILITY

- All players must be added to the team roster by the team captain. This process confirms that all players have electronically agreed (checked the box) to our policies and online waiver.
- Substitute players are allowed, however they must be added to the roster (check the online waiver). Adding a substitute player from another team in the same league is allowed, however, regular/consistent use of a substitute player in the same league is considered unsportsmanlike and not encouraged.
- Players must play a minimum of two regular season games in a 6-10 week season, or three regular season games in an 11-14 week season to be eligible to play in a playoff game. Players can only play for one team per league/pool in playoff games.

DEFAULTS

- A default will occur if a team cannot field a squad by 15 minutes after the official start time. If a team does not meet the standard eligibility requirements, team captains must confirm the outcome prior to starting the game. Captains may agree to waive the rules regarding minimum players. IF IT IS AGREED THAT THE GAME COUNTS, IT COUNTS! In the event there is a default dispute and the game was played, the SSC ruling is that the game counts.
- In the event of a missed game due to inclement weather, games will not be rescheduled. To view our foul weather policy [click here](#).

ROUGH PLAY & PLAYER CONDUCT

- It is recognized that incidental contact between players is inevitable – however, all players should go out of their way to avoid creating unsafe play.
- Any unsportsmanlike conduct may result in immediate expulsion from the league. This includes, physical or rough play, verbal abuse, damage to facility property and/or loss of facility permit. Fighting will result in immediate expulsion from the league. To view our Unsportsmanlike Conduct policy [click here](#).
- Drinking alcoholic beverages, use of drugs and smoking at your game site before, during, or after your game is strictly prohibited. Offenders will be asked to leave the league without refund. No Exceptions.



GAME COORDINATOR (GC) ON-SITE SSC STAFF

- A GC presence is dependent on sport, season, and/or facility locations. They are not referees, as all games are self-officiated. They are on-site to be a neutral supporter of both teams, clarify rules, manage equipment, start/stop games, and to inform players of league news.
- Game Coordinators may stop a game before the full time has expired due to overly aggressive play, persistent unsportsmanlike conduct or a general violation of the rules of the game.

SSC Official Badminton Rules – Drop-in

GAME LENGTH & LEAGUE STRUCTURE	<ul style="list-style-type: none"> • SSC Badminton league is based on a drop-in style league. Your partner and opponent will be different for each game. The gym will be reserved for a specific amount of time according to the online schedule. Players join an open game as the courts become available. • You can stay and play the full amount of time, or ‘drop-in’ at your leisure. • SSC does not use a ranking system to indicate the different skill level of its members nor does it use a system to impose time limits on matches. Rather, SSC uses the "honour system" to keep track of who is next up to play. Be courteous by allowing players that have not had a chance to play or warm up to do so. • No consecutive matches amongst teams or individuals.
EQUIPMENT	<ul style="list-style-type: none"> • Players are responsible for bringing their own racquets. • Shuttles will be provided on-site. • Nets are stored at the gym. • Players are encouraged to help with the set-up and take-down of nets, but please wait for the SSC Game Coordinator.
SKILL LEVELS	<ul style="list-style-type: none"> • All skill levels are welcome (beginner to advanced).
GENERAL GAME RULES	<p>SSC Badminton plays a 21 Rally Point Scoring System and Best out of 3 Games (which equals 1 match).</p> <ul style="list-style-type: none"> • At the start of each match the winner of the toss, or the opening volley, has the choice of first serve or side of court. • The victor of the first game of the match serves first in the subsequent game and so forth. • At the beginning of the game, the server serves from the right-side of the court. • If the serving side wins a rally, the serving side scores a point and the same server serves again from the alternate service court. • If the receiving side wins a rally, the receiving side scores a point. The receiving side becomes the new serving side. • When the score is even, the server serves from the right court. When it is odd, the server serves from the left court. • The players do not change their respective service courts until they win a point when their side is serving. • Receiving Courts: A player serves and receives in the right service court if their opponent has scored an even number of points at that juncture of the game. A player serves and receives in the left service court if their opponent has scored an odd number of points at that juncture of the game. The shuttle is volleyed back and forth until a fault is committed or the shuttle has exited the field of play.
SCORING	<ul style="list-style-type: none"> • Points are scored if a serve lands on the opponent’s court without being volleyed back or if the opponent returns a volley outside of the court. The player who gains the point retains the serve until it is broken by the opponent. • A winning score in badminton is 21. A player must win by two points unless the score is tied 29-29, the 30th point would then win. • The winner of a badminton match is the one who wins the best of 3 games. Should one team win the first 2 games the match is over.
FAULTS, LETS AND ERRORS	<p>Faults</p> <ul style="list-style-type: none"> • Faults can occur for a wide variety of reasons, including: <ul style="list-style-type: none"> ○ improper shuttle contact, improper shuttle landing, improper player contact, player misconduct, or double hits. ○ A player touches the net or poles with their body, racquet or clothing. ○ Crosses the plane of the net with their body, racquet or clothing. <i>Exception: You can cross the plane (without touching the net) if you have contacted the shuttle on your side of the net first.</i> ○ Crosses under the plane of the net with their body, racquet or clothing. • Hard smashing is discouraged in SSC badminton leagues. Please respect the level of your opponents.

Lets

- Lets can be called for a variety of reasons, including if a shuttle is caught on top of or in the net, if both players fault, if a player is unready for a serve, if a shuttle falls apart, or if there is a service court error.

Service Court Error

- A service court error has been committed if a player has served out of their rotation, if a player has served from the wrong court, or if a player is standing on the wrong court while receiving a serve. Service court errors can only be enforced if discovered prior to the next serve. If the error is discovered and both sides committed it, a 'let' will result. If the offending player won the rally, it shall also be a 'let'. If the offending player lost the rally, the error is null.

Remember... Always have fun!